

Living Well with Autism Training

Derbyshire Autism Services and Neurodiverse Self Advocacy in collaboration with Derbyshire County Council, are presenting our new Autism Training offer starting August 2023. All three of our bespoke training courses are facilitated by autistic people, can be booked in advance, and build upon elements of tiers one and two of the national Oliver McGowan training.

Training for Professionals: IAPT Practitioners

Virtual autism education course for Improving Access to Psychological Therapies service practitioners

Training for Professionals: Frontline Services

Virtual autism education course for professional frontline services

Both courses Include:

- Autistic people's rights and reasonable adjustments
- Autism-friendly environment training
- Therapeutic adaptations
- Understanding co-occurring conditions
- Sensory training
- Local services and signposting
- Developing pathways for autistic clients
- Access to Autism resources

Training for Non-Professionals

6 sessions of online and in-person training sessions for Autistic people, their families, support networks and carers.

Course Includes:

- Guest Speakers
- Question and Answer opportunities
- Access to a range of resources
- Knowledge of autism
- Management tools
- Wellbeing and good health advice
- Advice on building social relationships
- Self-resilience tips
- Autistic people's rights and reasonable adjustments
- Accessing support networks within relevant communities
- Transition Planning

To book Professionals Courses: enquiries@derbyshireautismservices.org or call 01773 741 221

To book Non-Professional Course: support@ndsa.uk or call 07561238550

Facilitated by

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